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[3] Abstract (up to 250 words) and a set of keywords (minimum 5 words). Please note that the keywords should not duplicate the words used in the title.

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- The same elements should be keyed in exactly the same way throughout the manuscript; abbreviations should be clearly explained the first time they are used.

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- Non-breaking hyphens (-) should be used in compound adjectives preceding nouns.

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Ber, A. 2000. Plejstocen Polski północno-wschodniej w nawiązaniu do głębszego podłoża obszarów sąsiednich. *Prace Państwowego Instytutu Geologicznego 170*, 1–89.

Boak, E.H., Turner, I.L. 2005. Shoreline definition and detection: a review. *Journal of Coastal Research 21 (4)*, <http://dx.doi.org/10.2112/03-0071.1>

Emelyanov, E.M. (ed.) 2002. *Geology of the Gdansk Basin, Baltic Sea*. Yantarny skaz, Kaliningrad, 496 pp.

Gaigalas, A. 1995. Glacial history of Lithuania. In: Ehlers, J., Kozarski, S., Gibbard, Ph. (eds). *Glacial Deposits in North-East Europe*. A.A. Balkema Publ., Rotterdam, 127–135.

Gelumbauskaitė, L.Ž. 2010. Seabed substrate map of the EMODNet geology study area. In: *Interim Report*, May 2010, Edinburgh, <http://www.emodnet-geology.eu>

Solovieva, G.D., Badyukova, E.N. 1997. Geomorfologičeskaja harakteristika Vislinskoj kosy Baltijskogo moria [Geomorphologic characteristic of the Vistula Spit, The Baltic Sea], *Geomorfologia 2*, 82–89. [In Russian].

Seibold, E., Berger, W.H. 1982. *The Sea Floor*. Springer, Berlin, 356 pp.